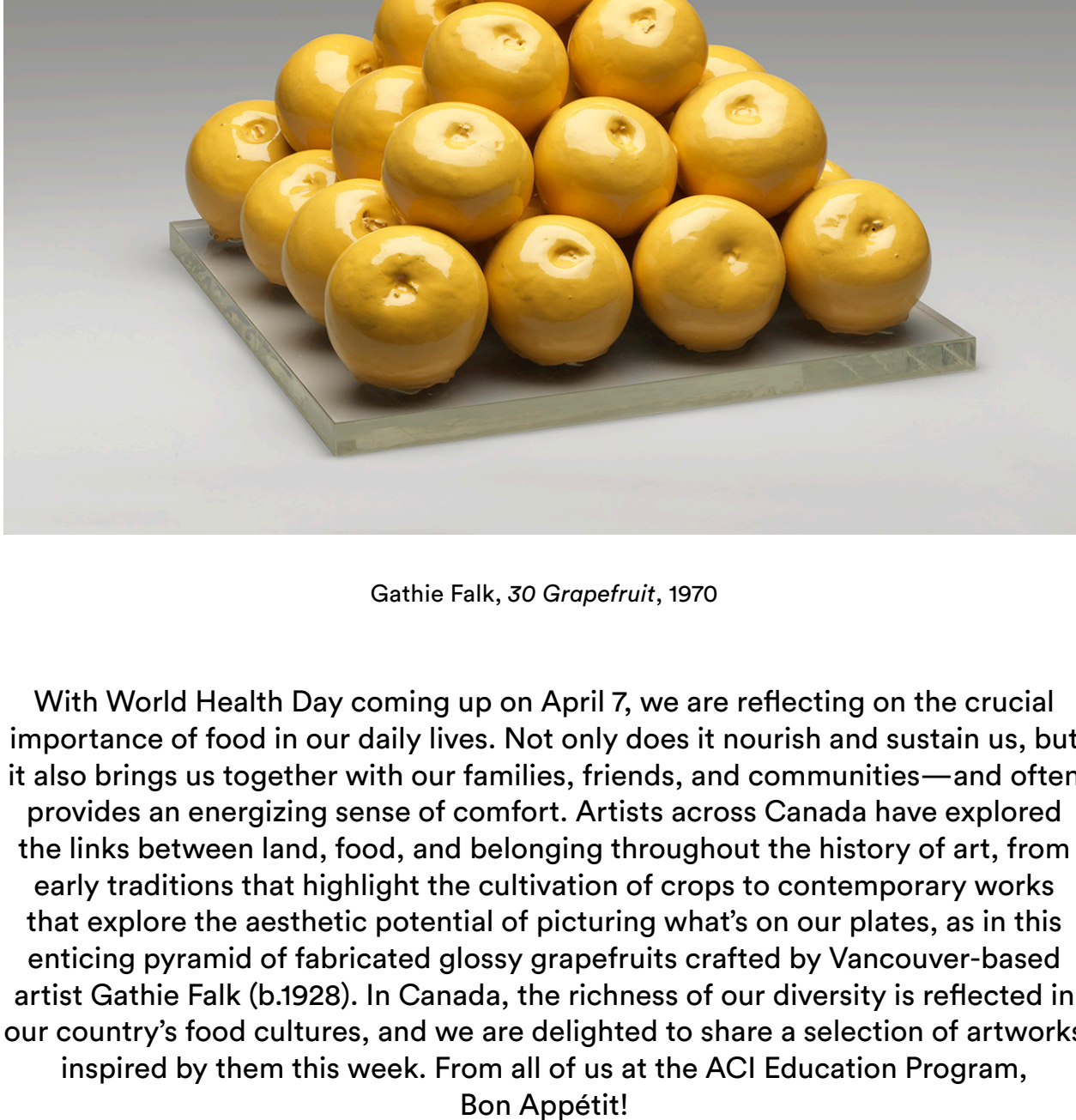


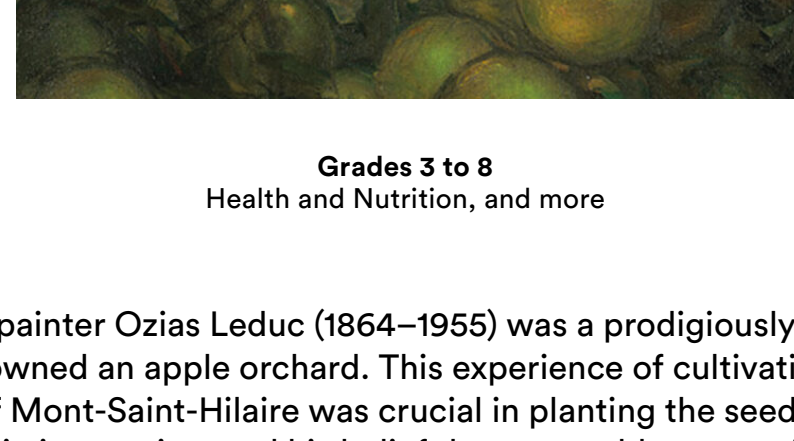
EDUCATION NEWSLETTER

NUTRITION AND HEALTHY EATING
AN ARTFUL SERVING OF CREATIVITY5 iconic artists who explore the rich
cultures of food in CanadaGathie Falk, *30 Grapefruit*, 1970

With World Health Day coming up on April 7, we are reflecting on the crucial importance of food in our daily lives. Not only does it nourish and sustain us, but it also brings us together with our families, friends, and communities—and often provides an energizing sense of comfort. Artists across Canada have explored the links between land, food, and belonging throughout the history of art, from early traditions that highlight the cultivation of crops to contemporary works that explore the aesthetic potential of picturing what's on our plates, as in this enticing pyramid of fabricated glossy grapefruits crafted by Vancouver-based artist Gathie Falk (b.1928). In Canada, the richness of our diversity is reflected in our country's food cultures, and we are delighted to share a selection of artworks inspired by them this week. From all of us at the ACI Education Program, Bon Appétit!

— The Art Canada Institute Education Team

Art, Taste, and the Land

Grades 3 to 8
Health and Nutrition, and more

Quebec-born painter Ozias Leduc (1864–1955) was a prodigiously talented artist, and he also owned an apple orchard. This experience of cultivating food crops in his home of Mont-Saint-Hilaire was crucial in planting the seeds of inspiration for Leduc's artistic practice, and his belief that art could communicate important messages about the human condition. Our latest Teacher Resource Guide explores the theme of food and nutrition in Canada, using Leduc's work as a springboard for considerations of crops and resources, Canada's food guide, and making healthy eating choices.

[Download the Teacher Resource Guide here](#)

AVENUES TO EXPLORE

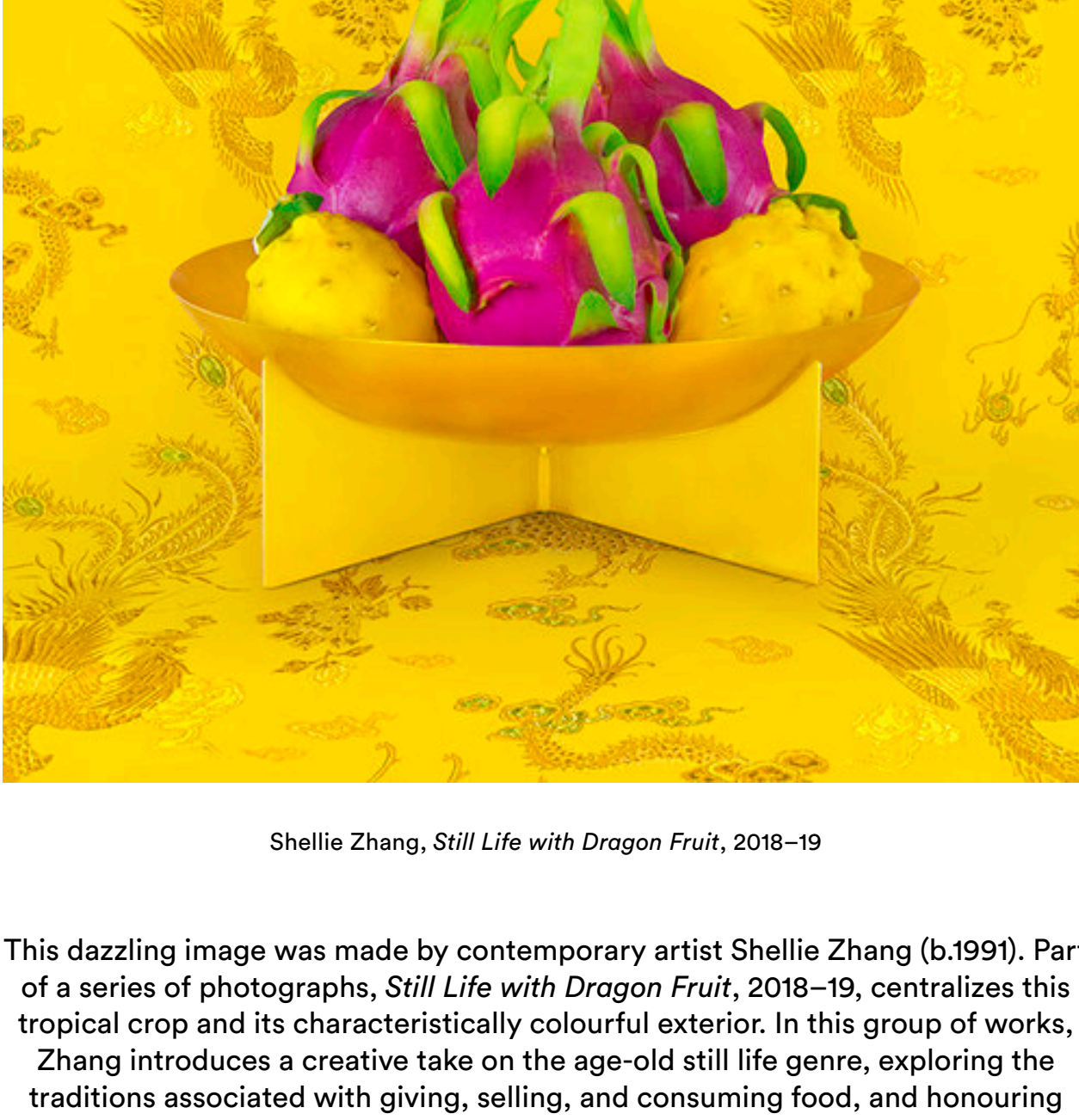
Heritage Feasts

William Kurelek, *Ukrainian Canadian Farm Picnic*, 1966

This lively scene of a community coming together pays tribute to the social aspects of food and feasting. Painted by beloved artist William Kurelek (1927–1977), *Ukrainian Canadian Farm Picnic*, 1966, explores the very best of multiculturalism in this country. It is part of an important series that celebrated the 40th anniversary of the Ukrainian Women's Association of Canada and marked the 75th anniversary of Ukrainian immigration to our nation. It is a timely reminder of the tremendous and vital importance of Ukrainian heritage in the fabric of Canadian life.

[Download a Teacher Resource Guide about William Kurelek here](#)[Facilitate student artworks inspired by this work by consulting ACI's Student Creativity Booklet](#)

Familial Food Traditions

Annie Pootoogook, *Eating Seal at Home*, 2001

The connections between food and family run deep in myriad cultural contexts. In this work by Annie Pootoogook (1969–2016), the artist depicts people coming together for the joyful act of eating seal—a vital component of Inuit food culture in Pootoogook's home of Kinngait, Nunavut. Centralizing the importance of the seal, this rendering demonstrates the many different parts of the animal that contribute to sustenance, warmth, and delight.

[Download a Teacher Resource Guide about Annie Pootoogook here](#)[Learn more about the importance of seal in Inuit communities in a film by Alethea Arnaquq-Baril](#)

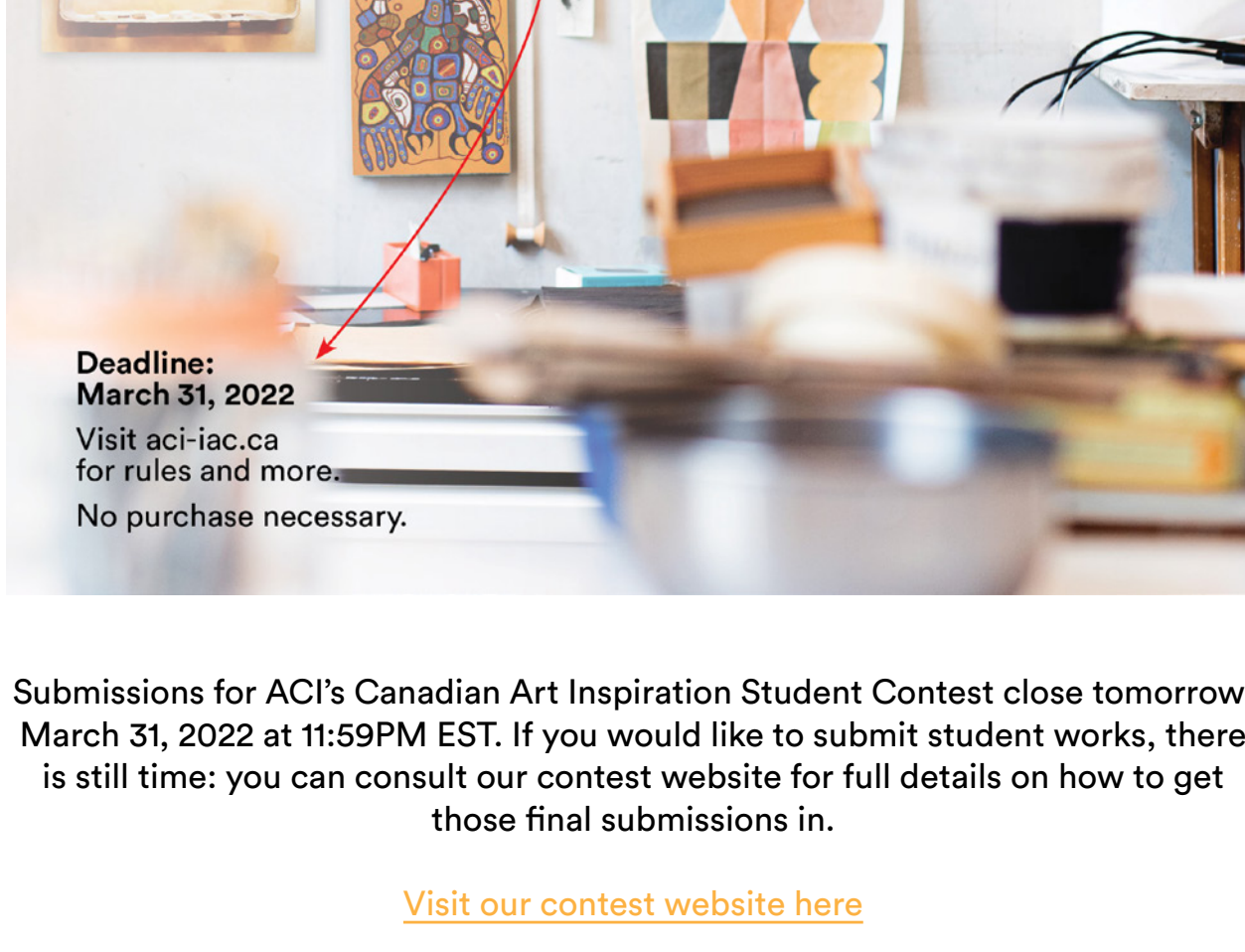
Still Life Creations

Shellie Zhang, *Still Life with Dragon Fruit*, 2018–19

This dazzling image was made by contemporary artist Shellie Zhang (b.1991). Part of a series of photographs, *Still Life with Dragon Fruit*, 2018–19, centralizes this tropical crop and its characteristically colourful exterior. In this group of works, Zhang introduces a creative take on the age-old still life genre, exploring the traditions associated with giving, selling, and consuming food, and honouring the labour and love involved in its cultivation.

[Learn about Shellie Zhang's upcoming exhibition of this series at the Capture Photography Festival](#)

STUDENT ART CONTEST

Submissions Closing for ACI's
Student Art Contest*Call for Entries*

Deadline:
March 31, 2022
Visit aci-iac.ca
for rules and more.
No purchase necessary.

Submissions for ACI's Canadian Art Inspiration Student Contest close tomorrow, March 31, 2022 at 11:59PM EST. If you would like to submit student works, there is still time: you can consult our contest website for full details on how to get those final submissions in.

[Visit our contest website here](#)[Download the application form here](#)

As a bilingual organization, we are proud to offer our materials in both French and English, including this newsletter. Use the sign up links below to receive emails in your preferred language.

SIGN UP

S'INSCRIRE

If you enjoyed this newsletter, please share it.

SHARE

READ PAST NEWSLETTERS

About the
Art Canada Institute

Launched in 2013, the Art Canada Institute is the only national institution whose mandate is to promote the study of an inclusive multi-vocal Canadian art history to as broad an audience as possible, in both English and French, within Canada and internationally. The ACI works with more than fifty of Canada's leading art historians, curators, and visual culture experts who are dedicated to the creation of authoritative original content on the people, themes, and topics that have defined Canadian art history.

We are creating a central digital resource to tell the world about Canada's most important works of art and where they are located. By functioning as an online art museum, a [digital library](#), and an interactive Canadian art encyclopedia, the ACI is an indispensable resource on Canada's visual heritage.

Visit us at aci-iac.caThank You to
Our Benefactors

We gratefully acknowledge the Founding Sponsors of
The Canadian Schools Art Education Program:
The Hal Jackman Foundation, The McLean Foundation,
and Power Corporation of Canada.

The ACI is a not-for-profit educational charity that receives no government financing or public support. Our work is made possible by an important circle of [friends, patrons, and benefactors](#).

If you would like to support our important work, please see [this page](#).

Follow us on social media

Facebook
artcaninstituteeducation/Instagram
[@artcaninstitute_education](https://artcaninstitute_education)Twitter
[@ArtCanInstEdu](https://ArtCanInstEdu)

Image Credits: [1] Gathie Falk, *30 Grapefruit*, 1970, ceramic, glaze, 32.0 x 49.5 x 49.5 cm, Collection of the Vancouver Art Gallery, Endowment Fund, VAG 70.112. Photo: Vancouver Art Gallery. [2] William Kurelek, *Ukrainian Canadian Farm Picnic*, 1966, oil on panel, 70.5 x 70.5 cm. Collection of the Ukrainian Museum of Canada of the Ukrainian Women's Association of Canada, Saskatoon. [3] Annie Pootoogook, *Eating Seal at Home*, 2001, coloured pencil and ink on paper, 51 x 66.5 cm. Collection of John and Joyce Price. [4] Shellie Zhang, *Still Life with Dragon Fruit*, 2018–19, chromogenic print, 45.7 x 60.96 cm. Photo: Matthew Hayes.